



**Telephone Support Line (951) 358-3622  
or toll free at (888) 358-3622**

## **PARENT TO PARENT TELEPHONE SUPPORT LINE**

Riverside County Department of Mental Health, Children Services has developed a non-emergency crisis **Telephone Support Line** for parents/caregivers of Riverside County who are raising a child/youth with mental health/emotional/behavioral challenges.

If you have a question or just need to talk, please don't hesitate to call. Isolation is a very lonely place to be. We also have information regarding parent-to-parent support groups and a new 12-week course **(EES) Education Equip and Support: *Building Hope*** that will be offered throughout Riverside County for parents/caregivers. There is no charge for these groups.

English and Spanish groups are available.

For Spanish, Please call Maria Rabago-Kidder @ (951) 358-6875

Your call is confidential and will be returned from Tina or Maria, "Parent Partners" employed by the department and who has experience raising a child with emotional/behavior challenges. Your call will be returned within 24 hours, Monday through Friday.

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