



Services For Families

Website

www.makingadifferenceassociation.org

Monthly Support Group

Free child care provided

Monthly Trainings

Free child care provided

Lending Library

Family Support Partners

Available through *West Valley SART*
& for families of children 0-5 years old

Focused Parenting Get-Together

All About Baby Classes

Dad's "Break"fast

Giving Center

Specialty Events, Classes & Programs

Program/Physician Referrals

MAKING A DIFFERENCE ASSOCIATION

Phone: 909-350-4895

E-mail: makingadifference112@gmail.com

For more information on resources on drug/alcohol exposure please visit our website at:
www.makingadifferenceassociation.org

MAKING A DIFFERENCE ASSOCIATION



Providing support to drug and alcohol affected and other high risk children and their families by fostering community partnering of resources to "Make A Difference".

www.makingadifferenceassociation.org

909-350-4895

SUPPORT & TRAINING

We Meet Here:

Rancho Mediterranea Estates
At The Clubhouse

700 East Washington Street
Colton, CA 92324

When:

Every Second Monday
From 6:30-8:30 p.m.
Training Night
(Training hours are available)

AND

Every Fourth Thursday
From 6:30-8:30 p.m.
Support Group

CHILD CARE & DINNER IS PROVIDED
FREE OF CHARGE

With the generous support of *Cal State San Bernardino's*

CUIDAR PROGRAM

CUIDAR-SB



What is Substance Exposure?

Substance (drug and/or alcohol) exposure refers to children whose brain and/or bodies have been affected because their parents used drugs or alcohol during pregnancy, AND to children living in homes where drugs are abused and/or are illegally made, sold, traded, or given away.

FAST FACTS

- ✚ Drug and alcohol abuse contributes to 75% of cases of child abuse and neglect of children in foster care. CASA, 1999.
- ✚ Nearly 80% of children in foster care have prenatal exposure to maternal substance abuse. Zero To Three April/May 2002 Dicker, S & Gordon, E. Page 28
- ✚ 80% of the children in foster care have at least one long-term health problem. Zero To Three April/May 2002 Dicker, S & Gordon, E. Page 28
- ✚ 25% of children in foster care have 3 or more long-term health problems. Zero To Three April/May 2002 Dicker, S & Gordon, E. Page 28

Understanding Behaviors:

Try to understand that “behaviors” you see might be the only way that a child can express their feelings. You can help them learn healthy ways to show their feelings (talk, write, and draw pictures).

Prenatal drug exposure can cause damage to the developing brain. The child’s brain may be misfiring. What you think is odd or difficult behavior might be something the child can not control. This is why getting professional help from someone that understands drug exposure (physical and mental health) is very important.

**For assistance please
e-mail or call:**

Makingadifference112@gmail.com
909-350-4895

